

A SIMPLE MEASURE TO SAVE LIVES

Did you know?

10 Million People Die
each year because of high blood pressure

These deaths are **PREVENTABLE**

Have your blood pressure checked for **FREE** during
MAY MEASUREMENT MONTH

1 – 31 May

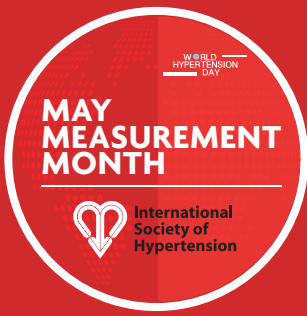
#checkyourpressure



@maymeasure



www.maymeasure.com



A global public screening campaign to raise awareness surrounding the risk and issues of high blood pressure

WHY DOES MAY MEASUREMENT MONTH MATTER?

The No.1
contributing risk
for global death
is high blood pressure

10 Million
lives are lost
needlessly each year due
to high blood pressure

Only 1/2
of people
with high blood
pressure, know it

These **DEATHS** are **PREVENTABLE** and that's the real tragedy

DON'T BE THE NEXT STATISTIC

From 1 – 31 May, you can have your blood pressure measured for free at your local May Measurement Month centre and quickly find out whether or not you are at risk.

You will be provided with lifestyle tips to help prevent high blood pressure and, if you are at risk, we will advise you on what you should do next.

#checkyourpressure

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May Measurement Month is an initiative led by the International Society of Hypertension and endorsed by the World Hypertension League