



THANK YOU FOR BEING PART
OF MAY MEASUREMENT MONTH

YOUR BLOOD PRESSURE TODAY WAS

_____ / _____ DATE _____

A Simple Measure to Save Lives
#checkyourpressure

BASED ON YOUR RESULT, WE RECOMMEND THAT YOU...

See your doctor as soon as you can

Maintain your healthy lifestyle and have regular blood pressure checks

For further information and tips for maintaining healthy blood pressure, visit www.maymeasure.com/public-info

www.maymeasure.com

May Measurement Month is an initiative led by the International Society of Hypertension and endorsed by the World Hypertension League